



Garry Landreth's Tenets for Relating to Children

1. Children are not miniature adults.
2. Children are people.
3. Children are unique and worthy of respect.
4. Children are resilient.
5. Children have an inherent tendency toward growth and maturity.
6. Children are capable of positive self-direction.
7. Children's natural language is play.
8. Children have the right to remain silent.
9. Children will take the therapeutic experience where they need to be.
10. Children's growth cannot be sped up.

Landreth, G. (2012) Play Therapy: The Art of the Relationship p. 46